

Big Feelings

Books about Big Emotions

Updated 6/2022

Anger: For nonfiction books, see j152.4 and j155.4

Call Number:

E Adelman H
 E Aronson K
 E Bang M
 E Burgess M
 E Deedy C
 E Dewdney A
 ER Carbone C
 E DiPucchio K
 E Kurtzman-Counter S
 E Lambert J
 [WORLD LANGUAGES] Chinese E Lambert J
 E Percival T
 E Reul S
 E Starling R
 E Teckentrup B
 E Urban L

Title:

Way Past Mad
Clovis Keeps His Cool
When Sophie Gets Angry – Really, Really Angry ...
The Unbudgeable Curmudgeon
Rita and Ralph’s Rotten Day
Llama Llama Mad at Mama
This Makes Me Angry
The Dragon Was Terrible
When Miles Got Mad
The Big, Angry Roar
 吼-我生氣了
Ravi’s Roar
Allie All Along
Fergal and the Bad Temper
When I See Red
Mouse Was Mad

Anxiety & Worry: For nonfiction books, see j152.4 and j616.8

Call Number:

E Adelman H
 E Baldacchino C
 E Black M
 E Chaim S
 E Haughton C
 E Henkes K
 E Hunter L
 E Hussain N
 E Kasha M
 E Kilgore E
 E Ludwig T
 E Percival T
 E Sanchez V
 E Stein D
 E Yamada K

Title:

Way Past Worried
Violet Shrink
I’m Worried
I Am A Peaceful Goldfish
Don’t Worry, Little Crab
Wemberly Worried
What If, Pig?
My Monster and Me
Small Knight and the Anxiety Monster
The Whatifs
Brave Every Day
Ruby Finds a Worry
Pilar’s Worries
Don’t Worry Murray
What Do You Do With A Problem?

Fear: For nonfiction books, see j152.4

Call Number:

E Abbott Z
 E Bright R

Title:

Pig and Horse and the Something Scary
The Lion Inside

Call Number:**Title:**

ER Carbone C	<u><i>This Makes Me Scared</i></u>
E Chien Chow Chine A	<u><i>Little Unicorn is Scared</i></u>
E Horn A	<u><i>Do Not Go in There!</i></u>
E Kang A	<u><i>I Am (Not) Scared</i></u>
E Marendaz S	<u><i>Nothing Scares Spider!</i></u>
E Miller P	<u><i>When You Are Brave</i></u>
E Parr T	<u><i>The I'm Not Scared Book</i></u>
E Poulin A	<u><i>When You're Scared</i></u>
E Ratanavanh S	<u><i>George and His Nighttime Friends</i></u>
E Sanna F	<u><i>Me and My Fear</i></u>
[GRAPHIC] E Tiger	<u><i>Tiger vs. Nightmare</i></u>
E Watt M	<u><i>Scaredy Squirrel</i></u>
E Wilson K	<u><i>Bear Feels Scared</i></u>

Frustration & Grumpiness: For nonfiction books, see j155.4

Call Number:**Title:**

E Berry J	<u><i>Cranky Right Now</i></u>
E Becker S	<u><i>Even Superheroes Have Bad Days</i></u>
E Dearborn N	<u><i>Hugga Loula</i></u>
E Frazee M	<u><i>Little Brown</i></u>
E Krossing K	<u><i>Sour Cakes</i></u>
E Messer C	<u><i>Grumpy Pants</i></u>
E Pla S	<u><i>Benji, the Bad Day, and Me</i></u>
E Ragsdale L	<u><i>The Brain Storm</i></u>
E Tankard J	<u><i>Grumpy Bird</i></u>

Jealousy & Envy: For nonfiction books, see j152.4

Call Number:**Title:**

E Adelman H	<u><i>Way Past Jealous</i></u>
E Anderson D	<u><i>What About Harry?</i></u>
E Burgos H	<u><i>The Cot in the Living Room</i></u>
ER Carbone C	<u><i>This Makes Me Jealous</i></u>
E Chapman J	<u><i>Me Too, Grandma!</i></u>
E Higgins R	<u><i>Norman Didn't Do It! (Yes, He Did)</i></u>
E Hout M	<u><i>If Only</i></u>
E Potter G	<u><i>Sister Wish</i></u>
E Sanders R	<u><i>Ball and Balloon</i></u>
E Shaffer J	<u><i>It's A Field Trip, Busy Bus!</i></u>
ER Willems M	<u><i>My New Friend Is So Fun!</i></u>

Sadness: For nonfiction books, see j152.4

Call Number:**Title:**

E Adelman H	<u><i>Way Past Sad</i></u>
E Booth A	<u><i>A Shelter for Sadness</i></u>

Call Number:

E Chien Chow Chine A
 E Eland E
 E Godbout G
 E Goodrich C
 E Lehrhaupt A
 E Subisak T
 E Vallat C
 ER Willems M
 [WORLD LANGUAGES]
 Chinese ER Willems M
 [WORLD LANGUAGES]
 Spanish ER Willems M

Title:

[Little Unicorn is Sad](#)
[When Sadness Is at Your Door](#)
[What's Up, Maloo?](#)
[Nobody Hugs A Cactus](#)
[There Was a Hole](#)
[Jenny Mei Is Sad](#)
[Celia](#)
[My Friend Is Sad](#)
[你不笑, 逗你笑!](#)

[Mi Amigo Está Triste!](#)

Shyness: For nonfiction books, see j158.1

Call Number:

E Anderson S
 E Chien Chow Chine A
 E Curato M
 E DeLange E
 E Garland S

Title:

[Too Shy to Say Hi](#)
[Little Unicorn is Shy](#)
[Where Is Bina Bear?](#)
[Mika and the Dragonfly](#)
[Nook](#)

General Feelings:**Call Number:**

E Arnold A
 E Cain J
 E Doerrfeld C
 E Frame J
 E Kris D
 E Levis C
 E Llenas A
 E Lui B
 E Luyken C
 E O'Leary W

 E Orloff K
 E Pintadera F

Title:

[What's the Matter, Marlo?](#)
[The Way I Feel](#)
[The Rabbit Listened](#)
[Yesterday I Had the Blues](#)
[You Have Feelings All The Time](#)
[Stuck With the Blooz](#)
[The Color Monster: A Story About Emotions](#)
[ABC of Feelings](#)
[My Heart](#)
[The Monster Parade: A Book About Feeling All Your Feelings and Watching Them Go](#)
[Some Days](#)
[Why Do We Cry?](#)